

How to Pick Up Your Procedure Plans Where You Left Off

If stay-at-home restrictions have postponed your aspirations for a procedure, now may be a good time to start planning again. As shelter-in-place guidelines begin to ease, here are some tips to help you pick up where you left off.

- **Schedule a consultation:** Contact our practice online or over the phone to schedule a personal consultation at our office. This will be your opportunity to ask questions and determine which treatment options are best for you.
- **Know what you want:** Identify the problem areas you want to address and research the procedures you are considering. Search magazines and the internet for images that reflect the results you desire. Bring these pictures with you to your consultation for discussion.
- **Prepare questions in advance:** It's a good idea to jot down some questions to bring with you to your consultation. Consider asking questions such as:
 - *How much experience do you have performing these procedures?*
 - *Where and how will you perform my procedure?*
 - *Can I see before-and-after pictures of your previous work?*
 - *Am I a good candidate for this procedure?*
 - *What I can expect for my results and recovery?*
 - *What are the risks and complications associated with my procedure?*
 - *How are complications handled?*
 - *What are your payment and financing options?*
- **Stay safety-minded:** The health and wellbeing of our patients and staff are always at the forefront of our mission. Before visiting our office, please remind yourself of the basics: Wash your hands frequently; don't touch your face; cover any cough or sneeze with a tissue or the inside of your elbow; maintain a distance of six feet from others whenever possible.

We continue to hold ourselves to the highest standards of cleanliness and safety. We are committed to providing a healthy environment for everyone who visits our office. Contact us today online or over the phone to schedule your initial consultation. We can't wait to see you!