

Why I Should Keep My Appointment

Our medical office takes the health and safety of our patients seriously, regardless of current virus concerns. We are fully committed to maintaining the cleanest environment possible and to meeting or exceeding medical standards.

Our instruments undergo a rigorous sterilization process to ensure cleanliness. Our office, including our lobby, is thoroughly cleaned daily – some rooms several times a day – and our doctors and team hold themselves to the highest of hygienic standards.

In short, year-round, we do everything possible to keep our patients safe from bacterial and viral infections.

On top of the health concerns of the Coronavirus, there are many other health concerns that are linked to systemic health. Many of these issues can become an issue quickly and, when not addressed in their earliest stages, may result in a compromised immune system and a heightened risk for serious complications from Coronavirus, the flu, or even the common cold.

If you are not sick, it is best to keep your appointment. If you feel like you may be coming down with something or if you have been exposed to someone with influenza or Coronavirus, it may be best to reschedule.

When Should I Cancel My Appointment?

Please call to reschedule your appointment if you:

- Have tested positive for Coronavirus or influenza
- Have a fever – even a low-grade fever
- Have a cough or runny nose
- Are having respiratory issues
- Have been exposed to a virus

If you are not sick and have not been exposed to anyone who is, maintaining your own health is of the utmost importance. Part of this is taking care of your own health.

Keep Yourself Healthy

Avoiding exposure is the best way to prevent viral infection. However, there are steps you can take to keep yourself healthy during times of mass illness. The CDC recommends you:

- Clean and wash your hands often
- Avoid close contact with people who are sick
- Stay home if you are sick

More suggestions and additional information on COVID-19 can be found on the CDC website.

If you have questions about our sanitation practices or if you need to make or adjust an appointment, call and we will take care of you.